



#HelpAndKindness

Get Help – Give Help – Work Together

David Thorp – Director



#HelpAndKindness

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What is #HelpAndKindness?

- **Help And Kindness** was launched in November 2019 after 18 months of consultation and research.
- It's an ambitious project to bring together information about all kinds of help and support that are available to people living and working in Dorset.
- We want to make it easier to get help, easier to give help, and easier to work together to build projects that make Dorset an even better place to live.
- We're engaged with the public, private and community / voluntary sectors and we cover all kinds of needs.
- We hope to help to improve everyone's wellbeing, independence and sense of community across the county.



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How do we do this?

We operate as a signposting service for people that need help and support

We help signpost to all kinds of services including:

- Social clubs and groups
- Support groups and networks - peer support meetings, online and crisis support
- Training providers - employability, skill sharing, supported employment
- Voluntary groups - community support and action
- Food projects - food banks, community fridges, pantries
- Cultural opportunities - art clubs, pottery, drama, music and dance
- Health and fitness - walking groups, sports teams, gyms, swimming, golf clubs
- Peer Support - for carers, people with cancer, disability, SEND
- Services for adults and for children and young people
- in short, anyone who provides support to people in Dorset



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Search our listings for organisations, groups and individuals who provide help and support to the people of Dorset

Search: outdoor activities Location: dorset. Click here to update your search words and location.

Help and Kindness

listings for 'outdoor activities' in Dorset
we hope that these results will help find what you are looking for

[Get Help to Access Online Services - Click Here](#)

[Coronavirus COVID-19 Support - Click Here](#)

[Disclaimer - Please take care](#)

Services In Your Area

- West Howe Community Enterprises**
West Howe Community Enterprises
32, Cunningham Crescent, Bournemouth, Dorset BH11 8DU
01202 580 299
- Parks In Mind**
Bournemouth Parks Foundation
We cover Bournemouth, Christchurch and Poole Council Area.
Queens Park Pavilion, Queens Park West Drive, Bournemouth, Dorset BH8 9BY
01202 451513
- Martinstown Scout Group: Beavers**
Dorchester & West Dorset District Scouts
Martinstown Village Hall, St Martinsfield
- Maiden Newton Scout Group: Beavers**
Dorchester & West Dorset District Scouts
- Martinstown Scout Group: Beavers**
Dorchester & West Dorset District Scouts
Martinstown Village Hall, St Martinsfield, Dorchester, Dorset DT2 9JP



Add your Group / Business to #HelpAndKindness
Click here to add your group, organisation or business to #HelpAndKindness. If you are providing help and support in Dorset, please get in touch.

[Add Your Information](#)

[Find Local Support in Dorset](#) | [Add Your Services](#) | [Our News](#) | [News from Our Partners](#) | [Contact Us](#)

HELLO!



Welcome to Help And Kindness
Everyone needs a little help and kindness

Get Help – Give Help – Work Together

Search for

in

[Search Now](#)

www.helpandkindness.co.uk



#HelpAndKindness

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Dorset Community Response

Dorset's Community Response is a strengths based partnership between Dorset Council, Volunteer Centre Dorset, #HelpAndKindness and the wider community.

Dorset's Community Response ...

- is run by a small team who are part of an enormous network. They take calls and enquiries from people across Dorset who need help, or who are seeking help for others.
- tries to match up requests for support with people and groups in the community who offer services that may help.
- aims to find local support quickly, and help join the dots between all kinds of great projects and groups and individuals across the county; helping to build connections, identify needs and opportunities, strengthen provision, and fill in the gaps.

<https://www.helpandkindness.co.uk/dorsets-community-response/>

Find local support and services, volunteering opportunities, activities and help.

Contact us online



Dorset's Community Response

Welcome to the home page for Dorset's Community Response. Here are the links to the dashboard, and to add a new enquiry.

Dorset's Community Response ...

- is run by a small team from #HelpAndKindness and Volunteer Centre Dorset, who are part of an enormous network. They take calls and enquiries from people across Dorset who need help, or who are seeking help for others.
- tries to match up requests for support with people and groups in the community who offer services that may help.
- aims to find local support quickly, and help join the dots between all kinds of great projects and groups and individuals across the county; helping to build connections, identify needs and opportunities, strengthen provision, and fill in the gaps.
- is also a great place for great ideas. There's lots of support and encouragement to develop new services, new projects and opportunities.

Click "Add A New Enquiry" if you would like to ask for help. You will be prompted to log in or sign up so we can keep in touch with you about your enquiry. You can then check in on progress any time.

Add a New Enquiry

View your Enquiry Dashboard

Send in Feedback

Project Reports



Phone us on 01305 595958



Dorset's Community Response



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Thank you for listening

Q & A's