

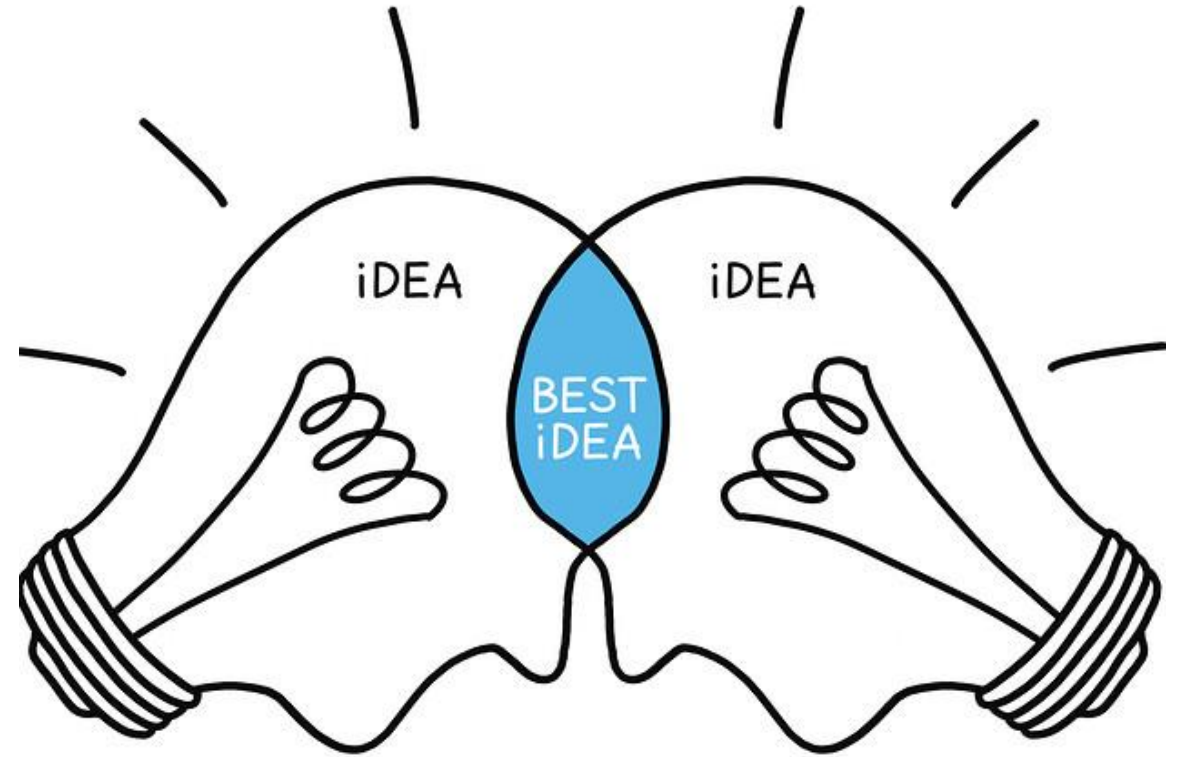
Nature Buddies

re-connecting to nature through creative activity



Introduction

- The Arts Development Company (TADC)
- Stepping Into Nature (Dorset Area of Outstanding Natural Beauty)
- Active Dorset
- Help and Care
- Dorset CCG





15-month project to strengthen arts and nature-based social prescribing opportunities in Dorset



Increase the skills of voluntary and community organisations to better support community



Increase the knowledge of social prescribing link workers around available arts and nature-based activities



Develop partnership working with community, voluntary and healthcare organisations



Develop Nature Buddies volunteering for those who need support to experience nature for their wellbeing.

‘We were delivering a project in a pandemic rather than a project about recovering from a pandemic’



Nature Buddies: 6 participants, 6 volunteers and one partner VCSE organisation



Taster Sessions: 5 taster sessions engaging 32 individuals representing 8 NHS healthcare organisations and 14 local authority or VCSE organisations



Partnerships: 6 health, social care and VCSE organisations engaging in project meetings (in addition to 4 steering group partners) and 29 social prescribers / organisations contributing to baseline questionnaire



Nature, Art and Wellbeing Community Fund: 28 projects/organisations funded with an anticipated 8,372 beneficiaries



Outcomes for people

- more confidence to get out into nature and take part in arts and physical activities
- Improvements in wellbeing and/or skills, more social connections or a sense of purpose
- Increases in physical activity for almost all participants



Outcomes for VCSE

- Increased skills and knowledge amongst to deliver activities promoting inclusiveness
- Development of new and/or enhancement of existing activities



Outcomes for Health Sector

- Increased knowledge and networking for link workers
- Greater experience of working with cross-sector partnerships for PCNs and Social Care organisations

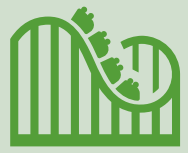




Adequate time to develop projects for enabling consultation with project beneficiaries and setting realistic targets for participation.



High ambitions are a good, but the capacity to adapt when circumstances restrict the ability to meet ambitions is important



A key asset are active and supportive partners who were able to acknowledge difficulties and implement changes where needed



A key success of the project is been the strength of partnership working



Resource library



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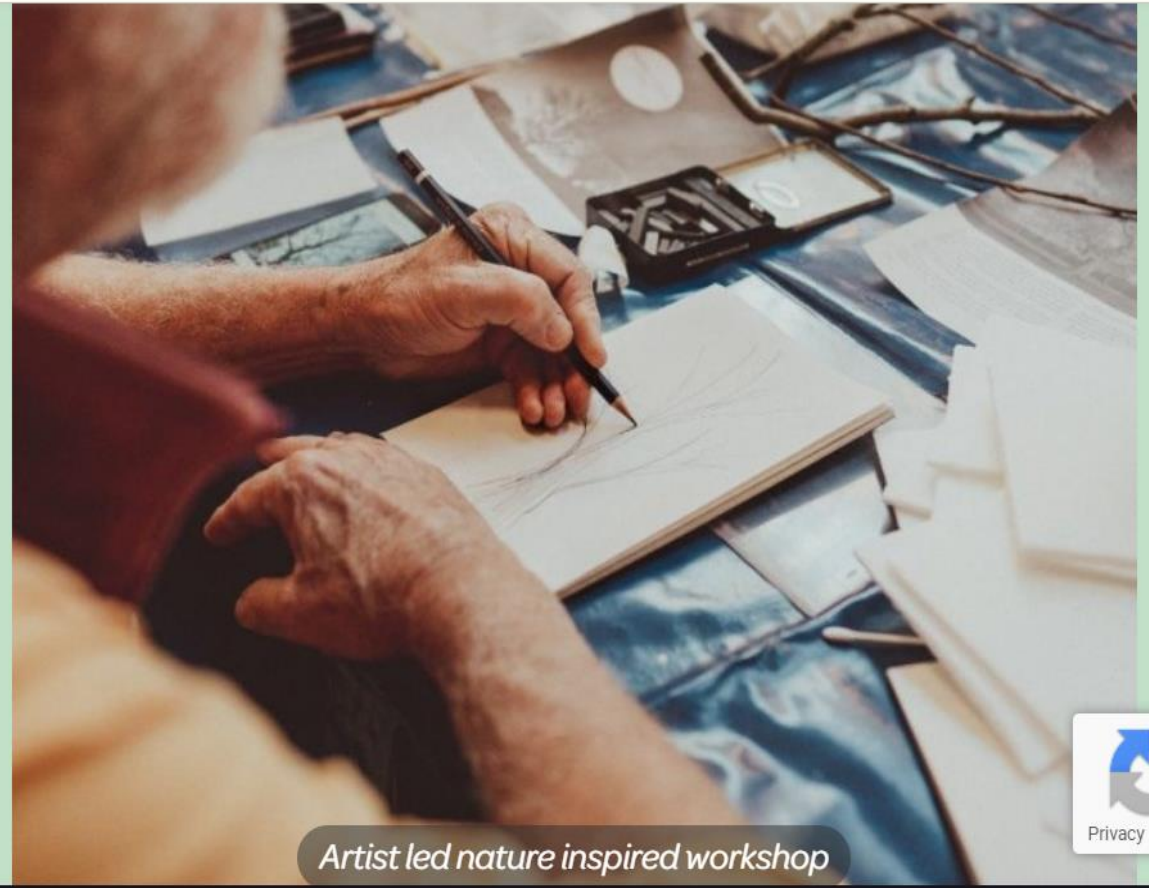
Our mission

Explore

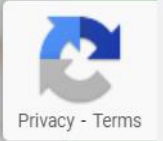
Nature, Art and Wellbeing Community Fund (third round)

Open for the third round of applications from 1st November 2022 on a rolling basis.

Anyone (individual, group or organisation) from Dorset including Bournemouth, Christchurch and Poole can apply to the fund.



Artist led nature inspired workshop



Thank you

